

## Post-Hospital Support

At Hibernia Care Services Limited, our Post-Hospital Support service is designed to help clients transition safely and comfortably back home after being discharged from the hospital. We understand that this period can be challenging for both clients and their families, and our role is to provide the non-medical support needed to make recovery smoother and more manageable.

While we do **not** provide medical treatment, consultations, or rehabilitation, we work closely with qualified external professionals such as GPs, psychotherapists, nurses, and occupational therapists who oversee the clinical aspects of care. We do not employ these professionals ourselves, but we follow the guidance and care plans they provide to ensure our clients receive coordinated, well-structured support.

Our team assists with daily living activities, mobility support, meal preparation, medication reminders, and general comfort to help clients regain stability and confidence at home. We also offer emotional reassurance and companionship, ensuring clients feel supported during their recovery period.

Safety is a central focus of our Post-Hospital Support service. Our caregivers help create a secure home environment by identifying potential risks, encouraging safe routines, and assisting families in making necessary adjustments to promote a smooth recovery.

Every support plan is tailored to the individual. We collaborate with clients and families to understand their needs, goals, and routines, ensuring our assistance is respectful, personalised, and aligned with any medical advice provided by external professionals.

At Hibernia Care Services Limited, we are committed to providing dependable, compassionate, and person-centred support that helps clients recover comfortably at home, maintain independence, and continue their healing journey with confidence.