

Daily Living Assistance

At Hibernia Care Services Limited, our Daily Living Assistance service focuses on providing practical, compassionate, and reliable support to help clients manage everyday tasks with ease and confidence. We understand that maintaining independence at home is important, and our caregivers are dedicated to offering the right level of assistance while respecting each client's dignity and personal routines.

Our service covers a wide range of non-medical support, including help with personal hygiene, dressing, grooming, meal preparation, light housekeeping, laundry, and mobility assistance. We also offer companionship, meaningful conversation, and emotional reassurance to ensure clients feel connected, supported, and valued.

We place a strong emphasis on promoting independence. Rather than taking over tasks, our caregivers encourage clients to participate in their daily activities as much as they are comfortably able to. This approach helps maintain confidence, routine, and a sense of personal autonomy.

Safety and comfort are always a priority. Our team helps maintain a tidy and organised living space, supports safe movement around the home, and identifies any potential risks that families may need to address. By creating a supportive and secure environment, we help clients enjoy day-to-day life with greater ease.

Every assistance plan is tailored to the individual's needs, preferences, and lifestyle. We work closely with clients and their families to ensure the support provided is flexible, respectful, and delivered with the utmost professionalism and care.

At Hibernia Care Services Limited, our Daily Living Assistance service is designed to enhance quality of life, promote independence, and provide the reassurance that clients are supported in a warm, compassionate, and dependable way.